



# Talla na Mara

## LUNCH

SERVED FROM 11.45AM - 2.30PM

### Light Bites

|                                     |      |
|-------------------------------------|------|
| <b>Soup of the Day</b> <i>vg/gf</i> | 5.95 |
| Served with wholemeal bloomer bread |      |
| <i>Gluten free bread available</i>  |      |
| Extra bread                         | 1.00 |

### Ciabattas

|   |      |
|---|------|
| Served with a tossed salad and crisps     |      |
| <i>Gluten free bread available</i>        |      |
| Smoked salmon, cream cheese & rocket      | 9.95 |
| Roast beef and MustHeb mustard            | 9.95 |
| Chicken & bacon                           | 8.95 |
| Hummus & sun dried tomato salad <i>vg</i> | 7.95 |
| Cheese & pickle <i>v</i>                  | 7.95 |
| Add a bowl of soup                        | 3.00 |

### House Salad

|  |       |
|--|-------|
| Red cabbage, peas, green beans, olives & salad leaves with a lemon & sundried tomato dressing <i>vg/gf</i> | 12.00 |
|--|-------|

### Kids

#### Picky Plate

|  |      |
|--|------|
| Half a sandwich (cheese, hummus or ham), yoghurt, raisins & crisps | 4.95 |
|--|------|

#### Mini Soup *vg/gf*

|   |      |
|---|------|
| Half portion of the Soup of the Day served with bloomer bread | 3.95 |
|---|------|

#### Battered Haddock & Chips

|                                 |      |
|---------------------------------|------|
| Served with peas or baked beans | 8.50 |
|---------------------------------|------|

#### Scampi & Chips

|                                 |      |
|---------------------------------|------|
| Served with peas or baked beans | 8.50 |
|---------------------------------|------|

### Big Plates

|   |       |
|---|-------|
| <b>Battered Haddock &amp; Chips</b>     | 16.50 |
| Served with peas & chunky tartare sauce |       |

|   |       |
|---|-------|
| <b>Wholetail Scampi &amp; Chips</b>     | 16.50 |
| Served with peas & chunky tartare sauce |       |

|   |       |
|---|-------|
| <b>Chicken Burger &amp; Chips</b>             | 15.50 |
| Served on a brioche bun & with our house slaw |       |

|            |      |
|------------|------|
| Add bacon  | 2.00 |
| Add cheese | 1.00 |

|   |       |
|---|-------|
| <b>Vegan Burger &amp; Chips</b>           | 15.50 |
| Served on a toasted bun & salad <i>vg</i> |       |

|                  |      |
|------------------|------|
| Add vegan cheese | 1.00 |
|------------------|------|

|                         |      |
|-------------------------|------|
| <b>Portion of Chips</b> | 4.00 |
|-------------------------|------|

### Something Sweet

|   |           |
|---|-----------|
| <b>Selection of Cakes</b>                             | from 3.50 |
| Please speak to a member of staff for today's choices |           |

|                             |      |
|-----------------------------|------|
| <b>Fruit or Plain Scone</b> | 4.00 |
| Served with butter          |      |

|                         |      |
|-------------------------|------|
| Add clotted cream & jam | 1.00 |
|-------------------------|------|

|                   |      |
|-------------------|------|
| <b>Shortbread</b> | 1.80 |
|-------------------|------|

#### Selection of Ice Creams

|  |      |
|--|------|
| Choose from vanilla, chocolate, strawberry or salted caramel | 5.95 |
|--|------|

**Food Allergies & Intolerances** Some of our foods contain allergens. Please speak to a member of staff for more information. If you have dietary requirements, please advise us beforehand and the chefs will be happy to help i.e. gluten allergy or vegan. *v* vegetarian *vg* vegan *gf* gluten free



Talla na Mara  
RESTAURANT

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## Hot Drinks

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### Breakfast Tea

|         |      |
|---------|------|
| For one | 2.80 |
| For two | 5.00 |

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### Herbal Tea

Supplied by Tíree Tea. Our herbal teas are infused with flavour, and inspired by the Scottish islands. Caffeine free, and in plastic free tea bags

|                                     |      |
|-------------------------------------|------|
| Gneiss (Earl Grey)                  | 3.10 |
| Tilley (Mint and Nettle)            | 3.10 |
| Machair (Floral herbal infusion)    | 3.10 |
| Ferry Berry (Mulled spiced berries) | 3.10 |

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### Coffee

Our coffee is roasted on the Isle of Harris by Temple Coffee Roasters, using the very best speciality beans

|                 |      |
|-----------------|------|
| Single Espresso | 1.40 |
| Double Espresso | 2.80 |
| Americano       | 2.80 |
| Flat White      | 3.50 |
| Latte           | 3.50 |
| Cappuccino      | 3.50 |
| Mocha           | 3.70 |
| Flavoured Syrup | 0.75 |

Choose from vanilla, caramel, hazelnut & honeycomb

**Coconut & soya milk available**

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|                                    |      |
|------------------------------------|------|
| Hot Chocolate                      | 4.00 |
| Add marshmallows and whipped cream | 0.50 |

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## Soft Drinks

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|                      |      |
|----------------------|------|
| Still water          | 2.00 |
| Sparkling water      | 2.00 |
| Tonic Water          | 2.00 |
| Orange juice         | 2.00 |
| Apple Juice          | 2.00 |
| Ribena Blackcurrant  | 2.50 |
| Coke                 | 2.75 |
| Diet Coke            | 2.75 |
| Irn Bru              | 2.75 |
| Irn Bru (sugar free) | 2.75 |
| Sprite               | 2.75 |
| Fanta Orange         | 2.75 |
| Fanta Fruit Twist    | 2.75 |
| Ginger Beer          | 2.95 |
| Bon Accord Rhubarb   | 3.95 |
| Appletiser           | 3.50 |

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## Bottled Beer & Cider

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|  |      |
|--|------|
| Peroni 330ml                                   | 5.40 |
| Skye Red 500ml                                 | 7.00 |
| Skye Gold 500ml                                | 7.00 |
| Skye Blonde 330ml                              | 6.20 |
| Thistly Cross Cider 330ml                      | 5.50 |
| Thistly Cross Scottish Fruits/Strawberry 330ml | 5.50 |
| Tennent's 500ml                                | 6.00 |
| San Miguel 0% Alcohol 330ml                    | 4.50 |

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## Wine & Spirits

Please see overleaf.

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## White Wine

|  | 175ml | 250ml  | Bottle |
|--|-------|--------|--------|
| Spearwood, Chardonnay, Australia         | £6.00 | £8.00  | £24.00 |
| Jacobite Ridge, Chardonnay, Australia    | -     | -      | £22.00 |
| Cloud Island, Sauvignon Blanc, S. Africa | £8.00 | £10.50 | £29.00 |
| Moreau, Chablis, France                  | -     | -      | £52.00 |

## Red Wine

|   | 175ml | 250ml | Bottle |
|---|-------|-------|--------|
| Domaine Boyar Deer Point, Merlot, Bulgaria    | £6.00 | £8.00 | £24.00 |
| Antano Tinto, Rioja, Spain                    | £7.00 | £8.50 | £27.00 |
| Bone Orchard, Malbec, Argentina               | -     | -     | £33.00 |
| Hanger and Flank, Malbec, Argentina           | -     | -     | £22.00 |
| Veldt Range Western Cape, Pinotage, S. Africa | -     | -     | £22.00 |

## Rosé Wine

|  | 175ml | 250ml | Bottle |
|--|-------|-------|--------|
| Bad Eye Deer, Zinfandel Rosé, California | £7.00 | £8.50 | £27.00 |

## Sparkling Wine

|   | 200ml  | Bottle |
|---|--------|--------|
| Seachange, Prosecco, Italy                        | £11.50 | £32.00 |
| Seachange, Prosecco Rosé, Italy                   | £11.50 | £32.00 |
| Lorentz Cremant D'Alsace, France                  | -      | £45.00 |
| Braes o' Gowrie, Sparking Elderflower, 0% alcohol | -      | £18.00 |

## Bottled Beer & Cider

|  |       |
|--|-------|
| Peroni 330ml   | £5.40 |
| Tennent's 500ml                                      | £6.00 |
| Skye Red 500ml                                       | £7.00 |
| Skye Gold 500ml                                      | £7.00 |
| Skye Blonde 330ml                                    | £6.20 |
| Thistly Cross Cider/Scottish Fruits/Strawberry 330ml | £5.50 |
| San Miguel 330ml 0% alcohol                          | £4.50 |

## Gin

|                 | 25ml  |
|-----------------|-------|
| Isle of Harris  | £6.00 |
| Aviation        | £5.00 |
| Bombay Sapphire | £4.00 |
| Caorunn         | £4.50 |
| Hendricks       | £4.50 |
| Shetland Reel   | £4.50 |
| Tanqueray       | £4.00 |

## Malts

|                         | 25ml  |
|-------------------------|-------|
| Hearach                 | £6.50 |
| Aberlour 14             | £6.50 |
| Balvenie Caribbean Cask | £6.00 |
| Bowmore 12              | £5.00 |
| Bunnahabhain 12         | £6.00 |
| Glenfiddich 12          | £4.00 |
| Lagavulin 16            | £8.00 |
| Scapa Glansa            | £5.00 |
| Talisker 10             | £5.50 |

## Liqueurs & Other Spirits

|                        | 25ml  |
|------------------------|-------|
| Bacardi                | £3.50 |
| Captain Morgans Spiced | £3.50 |
| Dark Matter            | £4.00 |
| OVD                    | £3.50 |
| Grey Goose             | £5.00 |
| Smirnoff               | £3.50 |
| Courvoisier            | £5.00 |
| Disaronno              | £4.00 |

We endeavour to provide all of the above options, but please be aware that due to supply issues, we may not have everything available at all times. Thank you.